

Reiki mind.body.spirit

*A simple DIY Tool for a Balanced & Healthy Life
A Timely & Effective Stress Management Skill
A Wonderful & Practical Gift for your Love & Ones*

Unlock your potential to better health and well being! Reiki is a simple, ancient and universal energy based hands-on healing art. It is a holistic medicine that works on mind, body and spirit. It is applicable to self, others, plants, animals, food etc.

(For more information please refer to www.amitabhahospice.org.nz , www.reiki.org)

Benefits:

Easy to learn and apply, enhances consciousness, energy level, immune system & inner peace; deep level relaxation & stress release; detoxifies & energises; enhances memory, intuition, creativity, mental clarity, uncovers potentials etc.

Reiki 1

Course content:

(theoretical & practical-based)

- What is Reiki, history, precepts, healing mechanism
- Reiki 1 hands-on treatments
- Reiki meditation

Date: 2 Sundays (1) 22/2 & 1/3

Time: 9-4 pm

Fees: \$200 per person

\$50 deposit upon registration

Reiki 2

Course content:

(theoretical and practical-based)

- Reiki 2 symbols, hands-on treatments, intuitive healing tips.
- Distant Healing for single target & multiple targets
- Meditation, manifestation of goals

Date: 2 Sundays (1) 15/3 & 22/3

Time: 9-4 pm

Fees: \$350 per person (special)

\$100 deposit upon registration

Good News!!!

**Special fee rate will be given to Amitabha Hospice caregivers and volunteers
All participants automatically gain access to follow up group healing practices.**

A bonus for those who sign up for Reiki 1 & 2 classes, they are entitled to 21 days energy scaffolding by the facilitator.

HURRY UP! Vacancies are limited!

About the Facilitator:

Bee Keow Lim holds a Master degree in Language Education, a Master Practitioner and Teacher degree in Usui system of Reiki. Since 2002 she has been working as a Reiki practitioner and teacher in New Zealand and Malaysia. Currently, she is working on multi-disciplines, holistic healing, which integrates Reiki, sound therapy, nutrition, healthy life style, and qigong.

Venue: 44 Powell Street, Avondale, Auckland

Contacts: Bee (09) 528 2177

(before 6/1 & after 7/2/09)

bkeowlim@yahoo.com.au

Kevin (09) 8283321

(between 6/1 & 7/2/09)